



Lunch Menu

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Available Daily: For a HEALTHIER YOU, choose an item from the Fruit & Vegetable Table</p>		1 NO SCHOOL HAPPY SAFE NEW YEAR 2019	2 NO SCHOOL	3 Sausage Chicken nuggets Mashed Potatoes Carrots Peaches Bread Slice	4 Yogurt Pizzaburger on bun Tator Tots Peas Fresh Fruit Friday Cookie	5
6 Mix Green Salad Apple Slices Oranges Slices Banana	7 Pancakes Chicken Patty on bun Cheese Hashbrowns Carrots Applesauce	8 French Toast Tacos Lettuce/Salsa Rice Pilaf Broccoli Grapes	9 Sausage Hot Ham & Cheese Sweet Potato Tot Baked Beans Pears	10 Yogurt/Toast Beef & Noodles Bread Stick Peas Peaches	11 Cereal Popcorn Chicken French Fries Fresh Fruit Fresh Veggies Friday Cookie	12
13 Carrots Red Pepper Cucumbers Broccoli Celery Cauliflower	14 Pancakes Cheese Bread w/Marinara Green Beans Carrot Sticks Red Pears	15 Sausage Walking Tacos Lettuce/Salsa Black Beans Pineapple Corn Muffin	16 Muffin Turkey Burger on Bun Hash Brown Patty Carrots Mandarin Orange	17 Omelet Pizza Lettuce Salad Fresh Veggies Banana	18 Cereal Hamburger on bun Baked Chips Fresh Fruit Fresh Veggies Friday Cookie	19
20 BREAKFAST Main entrée is highlighted in yellow. May also include toast, yogurt cheese stick, Fruit, or Juice	21 Pancakes NO SCHOOL	22 French Toast Burrito Brown Rice Lettuce Salad Fruit Cup	23 Muffin BBQ Chicken Breast Corn Dinner Roll Apple Sauce	24 Egg Patty Beef Nuggets Baked Beans Lettuce Salad Pears	25 Cereal Hot Dog on Bun Sweet Potato Fries Fresh Fruit Fresh Veggies Friday Cookie	26
27 Both meals include milk.	28 Pancakes French Toast w/syrup Sausage Links Lettuce Salad Fruit Slices Mango Wango	29 Toast Pork Fritter on Bun BBQ Baked Chips Carrot Sticks Hot Cinnamon Apples	30 Muffin Spaghetti Garlic Bread Green Beans Peaches	31 Breakfast Bar Taco Quesadilla Refried Beans Fresh Broccoli Fruited Jello		