

St. Patrick School  
Improvement Advisory  
Iowa Core Curriculum Committee

Meeting: Tuesday, Oct. 11, 2011 4-5 PM  
Prayer: Jonathan Shepard  
Secretary: Mrs. Collins

#### Agenda

##### A. **NEEDS ASSESSMENT: SR. MARILOU-10 MIN.**

Mrs. Williams-resource teacher on site, Title I students are walked to Lincoln  
It was suggested we continue supplying information as to how we currently meet special education needs of our students.  
It was suggested a photo of Mrs. Williams (without students) by her door be included in future information pertaining to special education services at St. Patrick School

##### B. **PR/MARKETING UPDATE-J. SHEPARD-10 MIN.**

120th Anniversary- one night event-Open House  
run commercial, look into KWWL,  
Information Kit to provide to parents who will help promote our school  
Welcome picnic for kindergarten, Pizza Ranch, mentoring program events were a success  
Aaron Lytle- suggested that we have parents meet with other perspective families who have been in other schools, he volunteered his wife and himself  
Bookmarks-website, strong points, sellers of our school

##### C. **WELLNESS COMPONENTS REVIEWED**

**Review of 2008 Healthy Kids Act-** amount of minutes to have health or physical activity

Sr. Marilou and Mr. Baird shared an article on sports that can be played at all age levels

Some life long skills now in our current PE curriculum are ping pong, shuffleboard, square dancing, fishing, scarf juggling

It was suggested we look into weight training and more yoga possibly as SIE classes

suggestions to increase physical activity in PE: record outside activities, heart rate monitor, pickle ball, zumba, purchase bands for weight training

##### **Review of School Nutrition**

National School Guidelines are followed to the best of our ability

Milk- fat free skim is what is available now

Next year sodium and calorie requirements will be part of school menus

Lunchroom: posters, My Plate are ways to highlight nutrition changes

Current handbook contains parental reminder to bring healthy sack lunches. Refer to page 12 of the Student-Parent Handbook

**Action Plan:** It was suggested to include the following into our action plan:

Fruit is often the snack in kindergarten

Possibly purchase bands and fitness balls for strength training  
To have correct terminology, My Plate replaces food pyramid  
Menu planning is being moved from part 2 to part 3

**D. 2011-12 ACADEMIC GOALS**

Reading- Grade 4

Math- Grade 8

Science- Grade 5

Closing Prayer and Thanks: Sr. Marilou

Adjournment: 5:05 pm

2011-12 Meeting Dates:

Tuesday, February 14, 2012

Tuesday, March 27, 2012

Tuesday, May 8, 2012

Attendance:

Mrs. Vandendriessche

Jonathan Shepard

Mrs. Gross

Sr. Marilou Irons

Emily Benda

Arlene Prather-O'Kane

Mrs. Francik

Deb Gray

Mrs. Collins

Mrs. Schmitt

Ellen Wallingford

Mr. Baird

Aaron Lytle

Absent:

Alex Rhomberg

Diane Kremer

Julie Crotty

Daniel Noonan-Day