

# ***ST. PATRICK SCHOOL***

**615 Washington Street  
Cedar Falls, Iowa 50613**

## ***Advisory Committee Meeting Agenda***

**Tuesday, Feb. 26, 2008**

**Room 17**

**4:00-5:00 p.m.**

**Prayer** : Sr. Marilou

**Secretary**: Mrs. Collins

1. Welcome and Prayer- Sr. Marilou Irons
2. Secretary-Mrs. Collins  
We would like to put the new web site.
3. Review of 2007 ITBS  
Concern: Capitalization growth in the IGE  
Social Studies- just started using a new textbook  
Teachers meet to talk about the results.  
Teach the students: How to take a test? Test taking skills  
Next meeting: We hope to have the goals for SIAC to look at.
4. Wellness: Mr. Baird- health class  
gym class- trying to make students have 30 min. a day  
handout: example of curriculum mapping for health  
health pattern has changed this year-seems to be working  
Eustress-relaxation methods, stress balls, etc.  
Height/Weight- taken in spring right before physical fitness test  
then the nurse puts it on a chart to show how  
the fit on the chart and send them home  
Using technology like the Wii Fit and Dance Dance Revolution  
5210 Program- 5 fruits/vegetables a day  
2 hours of TV/video/computer per day outside  
of school day  
1 hour of exercise per day  
0 drinks without sugar including Gatorade  
Religious aspect: meditation, rosary, repetitive prayer, respect  
your body, Christian Catholic dimension,  
following the 5th Commandment, respecting  
others (obesity, anorexia, bulimia)  
Taking care of your body- cover this twice a year  
Recess is still before lunch.  
Lunch-salad bar option  
Amount of lunch being thrown away.  
Questionare/survey about the school lunches?

**CLOSING PRAYER**: Our Father

**Copies to:**

Kim Vandendriessche-present

Sharon Collins-present

Marilee McAlpin-present

Stephanie Giachino-present

Pam Schmitt-not present

Tom Boe-not present

Fr. Secora- late

Sr. Marilou-present

Steve Baird-present

Ann Barnard-present

Arlene P. O'Kane-present with 2 interns

Deb Gray-present

Shelly Francik-present

Darice Mangin-not present

Taylor Larson-present

Kaitlyn Trampel-present