

SEPTEMBER

Menu

2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Available Daily: <i>Fresh Vegetables:</i> Carrots Celery Cucumber Slices Pepper Slices						1
2 Fresh Fruits Banana Oranges Apples	3 LABOR DAY NO SCHOOL	4 French Toast Chicken and Noodles Carrots Slice Wheat Bread/marg Strawberries	5 Sausage Pork Patty on Bun Sweet Potato Tots Celery Sticks Peaches	6 Omelet Walking Taco Lettuce//cheese/salsa Black Beans Churro Stick Watermelon	7 Breakfast Wrap Chicken Patty on Bun French Fries Carrot Sticks Apple Slice or Orange slice Friday Sweet Treat	8
9 <i>At least 51% of grains are Whole Grain</i>	10 Pancake Chicken Drumsticks Smiley Fries Diced Carrots Peaches/pears	11 Assorted Cereal Beef Taco (soft shell) Refried Beans Corn Bread Pineapple Jello	12 Yogurt/Muffin French Toast Sausage Link Green Beans Cantaloupe	13 Hash Brown Patty Orange Chicken Seasoned Rice Broccoli Pears	14 Waffle Bites BBQ Pork on Bun Sun Chips Veggie Cup w/Ranch Grapes Friday Sweet Treat	15
16 Breakfast : May also include toast, yogurt cheese stick, Fruit, or Juice	17 Omelet Fish Nuggets Sweet Potato Wedges Broccoli Mandarin Oranges	18 French Toast Marina Meatball Sub Corn Cucumber Sticks Pears	19 Sausage Chicken Alfredo Dinner Roll Peas Fruit Cocktail	20 Yogurt/Muffin Pizza Hut Pizza Romaine Lettuce Salad w/Ranch Carrot Sticks Melon Cup	21 Assorted Cereals Hot Dog on Bun w/Ketchup Potato Wedges Veggie Cup Apple Slices Friday Sweet Treat	22
23/30 Both meals include milk.	24 Sausage BBQ Chicken on Bun Baked Beans Romaine Lettuce Salad Cinnamon Apples	25 Pancakes Burrito with Cheese Sauce Seasoned Rice Broccoli Pineapple Tidbits	26 Pop Tarts Pancake on Stick Egg Patty Mango Wango Drink Fruited Jell-O	27 Yogurt//Toast Mac & Cheese Dinner Roll Green Beans Peaches	28 Assorted Cereal Pork Fritter on Bun Red and Gold Potatoes Veggies Slices Fruit Slices Friday Sweet Treat	29